

POS	NAME	NO.	GEN	AGE	I/T	PADDLER	G	CYCLIST	G	RUNNER	G	PADDLE TIME	P POS	CYCLE TIME	C POS	RUN TIME	R POS	TOTAL
1	Rob Meintjes (22nd)	2	M	56	I							16:50	1	00:38:30	2	00:25:38	5	1:20:58
2	Kyle Meintjes (17th)	5	M	25	I							18:14	4	00:39:44	3	00:23:01	2	1:20:59
3	Kino Meintjes (12th)	7	M	19	I							19:00	7	00:40:40	4	00:25:08	4	1:24:48
4	Pieter de Kock (5th)	9	M	59	I							19:05	8	00:43:12	6	00:27:05	8	1:29:22
5	David Warmerdam (15th)	20	M	62	I							17:01	2	00:44:14	8	00:30:31	17	1:31:46
6	Daniel Goossen (5th)	8	M	27	I							23:00	19	00:43:26	7	00:29:32	12	1:35:58
7	Karina Stowick (7th)	11	F	56	I							20:54	12	00:47:58	10	00:32:39	22	1:41:31
8	Casper Frylink (5th)	10	M	60	I							21:57	14	00:49:41	14	00:30:26	16	1:42:04
9	Leon Olwage	13	M	58	I							19:41	9	00:51:39	17	00:30:58	20	1:42:18
10	Carel Smit	16	M	50	I							22:31	17	00:49:43	15	00:31:20	21	1:43:34
11	Rod Barclay	12	M	57	I							20:46	10	00:54:48	22	00:29:32	13	1:45:06
12	Nathan Goossen	17	M	23	I							20:52	11	00:56:28	26	00:28:48	11	1:46:08
13	Carl Malherbe	15	M		I							22:43	18	00:50:30	16	00:34:17	27	1:47:30
14	Cajsa Meintjes (21st)	3	F	50	I							22:28	16	01:10:01	31	00:37:52	30	2:10:21
15	Teresa-Ann Ruster	14	F	33	I							52:46	32	00:53:34	20	00:26:39	6	2:12:59
16	Daniel Treurnich	18	M	56	I							44:08	30	00:57:23	27	00:36:43	28	2:18:14
17	Nikita Meintjes (16th)	4	F	27	I							41:37	28	01:06:03	30	00:38:46	31	2:26:26
18	Antony Zafra Martinez	19	M	48	I							17:21	3	00:49:29	13	DNF		DNF

POS	NAME	NO.	GEN	AGE	I/T	PADDLER	G	CYCLIST	G	RUNNER	G	PADDLE TIME	P POS	CYCLE TIME	C POS	RUN TIME	R POS	TOTAL
	TANDEMS																	
1	Adrian & Declan	42	M		P	Adrian Strydom (4th)	M	Declan French (5th)	M			25:47	20	01:03:55	29	00:34:06	25	2:03:48
2	Alison & Tharien	43	F		P	Alison Lindley	F	Tharien Lambrechts	F			34:39	26	00:55:32	24	00:34:04	24	2:04:15
3	Mykonos	41	X		P	Bossie (7th) Boshoff	M	Helane (5th)Smit	F			49:46	31	00:58:46	28	00:30:06	15	2:18:38
	TEAMS																	TOTAL
1	Team Dihanti	53	M	206	T	Walter Hart	M	Ludwig Booyens	M	Leslie Norris	M	21:40	13	00:37:38	1	00:24:06	3	1:23:24
2	The Chosen	59	X	129	T	Arthur Eley	M	Jeanre Naude	F	Ethlane Steyn	F	18:14	5	00:46:47	9	00:28:27	10	1:33:28
3	Drie Blomme	52	X	71	T	Jacques Blom	M	Mija Blom (11 yrs)	F	Mieka Blom (14 yrs)	F	22:10	15	00:56:12	25	00:30:54	19	1:49:16
4	Three Musketeers	56	F	156	T	Emmi Nel	F	Gizelle Strydom	F	Yvette Phillips (7th)	F	27:23	21	00:55:13	23	00:26:56	7	1:49:32
5	Maxfitt	57	F	159	T	Rietta Laas	F	Max Birkenhead	F	Jade Strydom	F	27:23	22	00:54:36	21	00:27:33	9	1:49:32
6	Swimchicks	54	F	177	T	Katharine Paul	F	Elma van Noordwyk	F	Adele Zurnamer	F	31:03	25	00:48:11	11	00:30:35	18	1:49:49
7	JTM	62	X	103	T	Johan Louw	F	Tino-Vito Orlandi	M	Michelle Orlandi	F	40:20	27	00:51:56	18	00:30:05	14	2:02:21
8	Mix & Match	61	X	161	T	Michael Hulsmann	M	Nick le Roux	M	Karina McCabe	F	41:43	29	00:48:20	12	00:37:22	29	2:07:25
9	Manor Maniacs	51	F	156	T	Janice Paddey	F	Isabella Hart	F	Natalie Paddey	F	52:46	32	00:53:17	19	00:34:06	26	2:20:09
10	Animals	55	M	112	T	Gerdia Kleynhans & Andy Forsyth	F	Daniel Scheepers	M	JP Joubert	M	18:45	6	00:42:25	5	00:19:06	1	1:20:16
11	MaxFit 2	60	F	177	T	Linda Burger	F	Gwennifer Buhr	F	Anneke Van der Walt	F	27:23	23	00:34:37	32	00:33:07	23	1:35:07
12	The Golden Girls	58	F	225	T	Lynne Pearson (18th)	F	Sally Frohlich (13th)	F	Debbie Lindenberg	F	28:50	24	00:42:48	33	00:39:42	32	1:51:20

* Double-Ski

* E-Bike

* E-Bike